***In many countries today, people in cities either live alone or in small family units, rather than in large, extended family groups. Is this a positive or negative trend?***

It is true that cities are seeing a rise in smaller families and one-person households, while the extended family is becoming a rarity. In my opinion, this is a negative development.

As families become smaller, the traditional **family support network** is disappearing, and this can have a negative impact on children as they grow up. In a nuclear family or **single-parent household**, childcare becomes an expensive and stressful **part of daily** life. Without the help of grandparents or aunts and uncles, busy parents must rely on babysitters, nannies and after-school clubs to take care of younger children, **while older children may be left alone after school and during holidays**. The absence of adult family members can mean that friends, television and the Internet become the primary influences on children’s behaviour. It is no surprise that the decline of the extended family has been linked to a rise in **psychological and behavioural problems** amongst young people.

**The trend towards people living alone** is perhaps even more damaging because of the psychological effects of reduced human interaction. Individuals **who live on their own have nobody to talk to in person**, so they cannot share problems or **discuss the highs and lows of daily life**. They forgo the constant stimulation and hustle and bustle of a large family, and are left to their own devices for extended periods of time. The lack of human contact in the home is necessarily replaced by passive distractions, such as television, video games, online chat rooms or Internet surfing. This type of existence is associated with boredom, loneliness, and feelings of isolation or even alienation, all of which are factors that are known to increase the risk of mental illness.

In conclusion, I believe that individuals thrive when they are part of larger family groups, and so it is worrying that many people are choosing to live alone or in such small family units.

***In many countries today, people in cities either live alone or in small family units, rather than in large, extended family groups. Is this a positive or negative trend?***

It is observed that one-person households or single-parent families are gaining popularity rather than extended family groups. From my perspective, I strongly believe this is a negative trend.

Firstly, without the support of family members like grandparents, aunt, uncle, small family units certainly have a difficulty in taking care of children. As childcare is mostly known as an expensive and stressful work, so it often requires two-person jobs. For example, nuclear family in cities usually rely on the nanies or babysitters to take care of young children, while older ones have to stay at home if parents out for work. This results in adversed effects on child heath as they often find themselves indulging unheathy activities such as spending too much time on tevelvision, smartphone. Secondly, the lack of interaction among family members poses a threat on psychological heathproblems.Because the pace of the modern business world creates a stressful atmosphere, so after a long-day working, they need to share their emotions or exchange socially with someone. If their lives keep repeating the same, many peole suffer the feelings of lonliness and desperation which is the root of many diseases or even death. This can be seen via the rate of suicide rate in Japan over past decades althoung the country economy is thriving, leading the betterment of goods, yet many experience dissatisfaction in their lives. Lastly, the financial issues may increase the pressure to these people. If they got sick or unable to work, they would not have people around to take care of them.

In conclusion, the phenomenon towards to one-person households, single parent family has a advesed effect on the society.

**Suicide**

***In many countries today, people in cities either live alone or in small family units, rather than in large, extended family groups. Is this a positive or negative trend?***

It is observed that single parent and one-person households are gaining popularity over past decades. From my perspective, I strongly believe this is a negative trend.

Firstly, Without the support from family members like grandparents, aunt or uncle , those who live alone or in small family units may experience difficulties in taking care of children. If parents go to work, babies will rely on babysitters or childcare services while the older ones may stay at home. Consequently, children are likely to feel disconnected with their parents as well as some of them find themselves indulging unheathy activities such as video games. Secondly, living alone or small family units has an impact on their psychological heath. As after a long day at work, they need to someone to talk to or share their emotions. Without these direct connections, many of them will suffer from feelings of depression, desperation. This can be emplified by the high rate of suicide cases in Japan where most of people choose to live alone instead of finding patners. Eventhough they are fully equipped with high-quality goods, they still feel dissatisfied with their lives. Lastly, living a lone can increase the financial pressure. If they got sick or had an ancident, some of them may not afford the hospital fees or have sufficient people to take care of them.

In conclusion, although the trend towards people living alone are becoming popular. However, it seems that the drawbacks of this phenomenon outweigh the benefits.